



¹Ewutanure*, S. J. and ²Olaifa, Flora. E.

¹Department of Fisheries and Aquaculture Management, Faculty of Marine Environmental Management, Nigeria Maritime University Okerenkoko, Delta State, Nigeria. ²Department of Aquaculture and Fisheries Management, Faculty of Renewable Natural Resources, University of Ibadan, Ibadan, Nigeria

*Corresponding author: E-mail: ewutanure@gmail.com

Received: March 20, 2022 Accepted: June 18, 2022x

Abstract: The pollution of surface water in recent time impairs its quality. Deleterious effect of sediment contamination with heavy metals could be associated with their toxicity and accumulative capacity in biota. Information on sediment pollution with heavy metals of Gbalegbe River is limited. This study therefore seeks to evaluate the degree of sediment contamination of Gbalegbe River through the application of sediment pollution indices. Spatially, Gbalegbe River (12.5 km) was stratified into eight stations (S1, S2, S3, S4, S5, S6, S7, and S8) based on proximity to key anthropogenic activities. At each station, three sampling points were randomly chosen. Temporal stratification covered wet (March - October) and dry (November – February) seasons. Sediment samples were collected from each station forth – nightly for 24 months following standard methods. Sediment samples were analysed for Cadmium, Nickel and Chromium according to standard methods. Pollution load index (PLI), modified degree of contamination (mCa) and geoaccumulation (Igeo) were calculated. Data were analysed by using descriptive statistics and ANOVA at $\alpha_{0.05}$. Spatially, Cadmium ranged from 0.10 ± 0.01 to 0.34 ± 0.12 ; Nickel (0.06 ± 0.01 , 0.24 ± 0.04) in S 1 and S 6, while highest (0.34 ± 0.01) and least (0.06 ± 0.02) concentrations of Chromium were recorded in S 2 and S 1, respectively. Seasonally, Cadmium ranged from 0.15 ± 0.12 to 0.27 ± 0.01 ; Nickel (0.12 ± 0.05 , 0.13 ± 0.05) in dry and wet seasons, while Chromium ranged from 0.13 ± 0.02 to 0.14 ± 0.01 in wet and dry seasons, respectively. Spatially, the values of PLI and mCa were 0.121 and 0.150. Seasonally, the highest (0.140) and least (0.110) of PLI; mCa (0.350, 0.210) were recorded in dry and wet seasons. Spatially, Igeo ranged from -0.502 to 0.163 for Zinc and Chromium, while the highest (0.970) and least (0.060) were recorded for Lead and Chromium in wet and dry seasons, respectively. Hence, Gbalegbe River rich fauna abundance and diversity could be threatened.

Keywords: Contamination factor, heavy metal, sediments, pollution indices, surface water.

Introduction

Heavy metals are persistent and stable pollutants in waters and sediments (Ewutanure & Olaifa, 2018a). A rise in the levels of heavy metals in surface water could threaten the existence of aquatic flora and fauna because of their toxicity and non – biodegradable nature (Ewutanure and Olaifa, 2021b). The presence of heavy metals in surface water affects the totality of the aquatic biota through geochemical recycling (Al – Haidarey *et al.* 2010).

Heavy metals bio – accumulate in benthic fauna that are in contact with affected sediments (Olaifa and Ewutanure, 2019). This could cause their transfer into the aquatic food chain to induce metabolic and physiological disorders (Kumar *et al.*, 2012). Eating of foods items contaminated with heavy metals could cause inhibition of some essential nutrients in the body of organisms, which could lead to disabilities associated with malnutrition, impaired psycho-social behaviour, reduction in immunological defences, intrauterine growth retardation, and rise in upper gastrointestinal cancer (Arora, 2008).

Sediments have the capacity to retain and release heavy metals into the water column through various methods of remobilization (Marchland *et al.*, 2006; Mingorance *et al.*, 2007). The uppermost layer of sediment contains the largest concentration of heavy metal pollutants in surface water (Barakat *et al.*, 2012). An increase in anthropogenic effluent in surface water is directly proportional to the concentration of heavy metal contents in sediment (Ewutanure and Olaifa, 2018a).

In Nigeria, various studies have been conducted to assess the degree of contamination of sediment of inland water such as Great Kwa River, (Bassey and Ifedayo, 2014); KwaIboe-River Estuary, (Uwahet *et al.*, 2013); Kubanni River, (Butu and Iguisi 2013); Roro Bay, (Majolagbe *et al.*, 2012); Agbabu sediment (Olubunmi and Olorunsola, 2010); Lagos Lagoon, (Aderinola *et al.*, 2009). But information of sediment pollution of Gbalegbe River is limited. Therefore, this study was undertaken to assess the level of sediment contamination of

Gbalege River through the application of sediment pollution indices.

Materials and Methods

Description of the study area

According to Ewutanure and Olaifa, (2018b), Gbalegbe River (12.5 Km) is located on latitudes $5^{\circ}10'N$ and $5^{\circ}17'N$ of the Equator and Longitudes $5^{\circ}56'E$ and $5^{\circ}13'E$ of the Greenwich meridian (Ewutanure and Olaifa, 2018a). It has its source from Asaba - Ase River, Delta State (Ewutanure and Olaifa, 2018). The study area consist of tropical climate with temperatures ranging from $23.5^{\circ}C$ to $32^{\circ}C$ and double peaks of rainfall in June/July and September with about 2,700 mm of rain annually (Ewutanure and Olaifa, 2018b). Its annual relative humidity ranged from 69 to 92% with characteristics of evergreen vegetation. The area has topography of about 100 m above sea level and it is composed of sedimentary rock deposits containing lime stones, sand stones and shales (Aweto, 2002).

Sampling techniques

Gbalegbe River was spatially stratified into eight stations (S1 – S8) based on key human activities such as Sand mining, Glass production and Rubber factory (Ewutanure and Olaifa, 2021a). Three replicate samples per station were collected to standard methods as described by American Public Health Association, APHA, (1992). Time stratification covered wet season (March – October) and dry season (November – February). Sediment samples were forth – nightly collected from each station for two years, while the exact locations of all sampling stations were recorded by using Garmin GPSMAP eTrex 10 type sensors (Ewutanure and Olaifa, 2018a). The sampling stations were S1, S2, S3, S4, S5, S6, S7 and S8, respectively.

At each station, sediment samples were collected from depths ranging from 0 – 10 cm by using a van Veen bottom grab sampler, drained off water *in – situ*, packed in a well – labelled Teflon (to avoid contamination), taken to the laboratory and aired dried at room temperature for 21 days before usage (van Veen, 1933; ASTM, 2006). The drying was done to remove moisture and organic matter contents.

After drying, individual samples were ground and mechanically sieved through a net of mesh size 2mm plastic sieve to remove plant roots, animal shells, large debris and gravel – sized materials (Ewutanure & Olaifa, 2018a). It has been reported that finer fraction of sediment accommodate organic matter, clay minerals and exhibit very great capacity to bind particle reactive trace metal pollutant compared with coarser particles size (>2 mm) (Ewutanure and Olaifa, 2021b).

Digestion of sediment sample

About 1.00g of air – dried sediment sample was weighed by using a sensitive weighing balance, grounded in a mortar and heated to reddish brown in a furnace. Thereafter, it was cooled and moistened by using de – ionised water. About 1 mL of 60% perchloric acid and 20 mL of 40% hydrofluoric acid were added. The content was heated to dryness in a sand bath at

temperature of 180°C. It was cooled and 15 ml of 10% hydrochloric acid added. The mixture was thereafter heated in a crucible to dryness, while the concentrations of the heavy metals were determined by using Atomic Absorption Spectrophotometer (AAS) according to the method described by American Public Health Association – APHA, (1992).

Pollution indicators of sediment of Gbalegbe River Contamination factor (C_f)

$$C_f = \frac{C_i}{C_{in}}, \text{ Krzysztof } et al., (2004);$$

The study of sediment contamination of Gbalegbe River was carried out using the contamination factor (Table 1). The sum of contamination factors for all heavy metals determined is equivalent to the C_f and it is classified into four classes (Hokanson, 1980).

Table 1. Interpretation of contamination factor (C_f) for sediment and soil

C _f levels	Interpretations
C _f < 1	Low contamination factor (showing low contamination)
1 ≤ C _f < 3	Moderate contamination factor
3 ≤ C _f < 6	Considerable contamination factor
6 ≤ C _f	Very high contamination factor

Sources: Hokanson, (1980); Syed *et al.*, (2012).

Pollution load index (PLI)

Syed *et al.*, (2012) reported that PLI was established by Tomlinson *et al.*, (1980) for the determination of pollution that allows spatial and temporal comparison of pollutants in a study location. The PLI was estimated as a concentration factor for respective heavy metals with reference to their established or background concentrations in sediment or soil. The world mean values of heavy metals reported for shale were used as the background values in this study (Tomlinson *et al.* 1980). According to Hokanson (1980), ranges of pollution load index were PLI > 1 (immediate action to reduce pollution), PLI = 1 (more detailed study is needed) and PLI < 1 (drastic remediation measures not needed).

$$PLI = \sqrt[n]{C_{f1} * C_{f2} * \dots * C_{fn}} \quad \text{Tomlinson } et al., (1980).$$

Note: C_n = Measured concentrations of heavy metals in sediment, B_n and C_n⁰ = geochemical background value/ pre – industrial concentrations of heavy metals in sediment, 1.5 accounts for natural fluctuations and very small anthropogenic influences, C_d = Sum of contamination factors for all metals determined, C₀ⁱ = mean contents of metals from all 8 stations, n = number of contamination factors while cf₁, cf₂,---cf_n = contamination factors.

Degree of Contamination factor (C_d)

The sum of the calculated C_f is referred to as the degree of contamination factor (C_d) for the pollutant species specified (Krzysztof *et al.* 2004). The C_d is concerned with the extent of the grand contamination of surface layers of sediment samples from specific sampling stations (Bhuiyan *et al.*, 2011). It uses the various concentrations of heavy metals in the earth’s crust as a reference point. The C_d is further sub – divided into four classes (Table 2).

Table 2. Degree of contamination (C_d) for soil and sediment

C _d < 8	Low degree of contamination
8 ≤ C _d < 16	Moderate degree of contamination
16 ≤ C _d < 32	Considerable degree of contamination
32 ≤ C _d < 64	Very high degree of contamination

Source: Hokanson, (1980).

$$C_d = \sum_{i=1}^n (C_{f_i}) \quad \text{Hokanson, (1980)}$$

Modified degree of contamination (mC_d)

According to Syed *et al.*, (2012), an improved and generalized form of the Hokanson, (1980) equation for the computation of the overall degree of contamination at a given sampling station

was done by Abraham and Parker, (2008) with the following conditions: (1) The modified formula is generalized by stating the degree of contamination (mC_d) as the sum of all the contamination factors (C_f) for a given set of aquatic ecosystem

pollutants divided by the number of analysed pollutants; (2) An average value of any heavy metal (pollutant) is predicated on the analysis of a minimum of three samples and (3) The baseline levels are estimated from recommended or established earth or benthic materials. According to Ahmed *et al.*, (2001), this generalized formula permits the inclusion of many heavy metals as may be analysed during the study without an upper limit. Seven groups are recognised for the classification and description of the mC_d (Table 3).

Table 3. Modified degree of contamination (mCd)

mCd Class	Interpretation
mCd < 1.5	Nil to very low degree of contamination
1.5 ≤ mCd < 2	Low degree of contamination
2 ≤ mCd < 4	Moderate degree of contamination
4 ≤ mCd < 8	High degree of contamination
8 ≤ mCd < 16	Very high degree of contamination
16 ≤ mCd < 32	Extremely high degree of contamination
mCd ≥ 32	Ultra high degree of contamination

Source: Abraham and Parker, (2008).

$$mCd = \sum_{i=1}^{i=n} (C_i^i) \quad \text{Abraham and Parker, (2008)}$$

Index of geo – accumulation (I_{geo})

$$I_{geo} = \log_2 \frac{C_n}{1.5B_n}, \quad \text{(Muller, 1969)}$$

The constant, 1.5 accounts for the extent of natural dynamics in a given environmental material and minutes anthropogenic

perturbation. Geo – accumulation (I_{geo}) index is used in the evaluation of contamination through the comparison of the present and pre – industrial levels originally applied to benthic sediment (Muller, 1981). According to Luo *et al.*, (2012), I_{geo} indices recognised the extent of metal pollution in seven classified enrichment classes based on the increasing concentrations (Table 4). In this report, the major concern is between the concentration obtained and the concentration of heavy metals contained in the Earth’s crust as recommended.

Table 4. Standard range of contaminants for geo-accumulation index in soil or sediment

I _{geo} Class	I _{geo} Value	Interpretation of I _{geo}
0	I _{geo} ≤ 0	Uncontaminated
1	0 < I _{geo} < 1	Uncontaminated/moderately contaminated
2	1 < I _{geo} < 2	Moderately contaminated
3	2 < I _{geo} < 3	Moderately/strongly contaminated
4	3 < I _{geo} < 4	Strongly contaminated
5	4 < I _{geo} < 5	Strongly/ extremely contaminated
6	5 < I _{geo}	Extremely contaminated

Sources: Muller, (1981); Syed *et al.* (2012).

Results and discussion

The mean concentrations of heavy metals recorded during the study period among stations and seasons are presented in Tables 5 and 6. Spatially, the trend in the concentrations of heavy metals was: Zn > Cd > Cr > Ni > Cu > Fe > Mn > Pb. In the wet season, the trends were: Cd > Ni >> Cr > Fe > Mn > Cu > Pb > Zn, while in the dry season the trend were: Cu > Cd > Mn > Fe > Cr > Ni > Pb > Zn. Fluctuation of heavy metal levels

in Gbalegbe River could be due to the nature of anthropogenic effluents and its constant flow (Ewutanure and Olaifa, 2018a). A relatively higher concentration of the standard deviations obtained during the study period is an indication of a slight increase in the input and distributions of heavy metal from different sources of pollutants into Gbalegbe River (Ewutanure and Olaifa, 2021).

Table 5. Mean concentrations of heavy metals in sediment at different stations

	Cu (mg/Kg)	Pb (mg/Kg)	Ni (mg/Kg)	Cd (mg/Kg)	Fe (mg/Kg)	Zn (mg/Kg)	Mn (mg/Kg)	Cr (mg/Kg)
Station 1	0.07±0.02 ^c	0.03±0.01 ^b	0.06±0.01 ^b	0.10±0.01 ^b	0.09±0.01 ^b	0.02±0.01 ^b	0.02±0.01 ^d	0.06±0.02 ^c
Station 2	0.19±0.04 ^a	0.08±0.02 ^a	0.25±0.04 ^a	0.18±0.12 ^b	0.15±0.02 ^a	0.06±0.04 ^a	0.16±0.02 ^c	0.34±0.10 ^a
Station 3	0.12±0.03 ^b	0.06±0.03 ^a	0.12±0.04 ^a	0.30±0.09 ^a	0.12±0.04 ^a	0.06±0.02 ^a	0.12±0.02 ^b	0.14±0.09 ^b
Station 4	0.12±0.03 ^b	0.07±0.03 ^a	0.12±0.03 ^a	0.28±0.11 ^a	0.11±0.03 ^a	0.06±0.02 ^a	0.11±0.03 ^b	0.13±0.02 ^b
Station 5	0.15±0.11 ^a	0.07±0.02 ^a	0.14±0.03 ^a	0.25±0.09 ^a	0.12±0.02 ^a	0.06±0.03 ^a	0.13±0.02 ^b	0.12±0.04 ^b
Station 6	0.12±0.02 ^b	0.06±0.03 ^a	0.24±0.04 ^a	0.34±0.12 ^a	0.14±0.06 ^a	0.05±0.03 ^a	0.13±0.02 ^b	0.12±0.04 ^b
Station 7	0.13±0.02 ^b	0.06±0.03 ^a	0.13±0.02 ^a	0.27±0.11 ^a	0.12±0.03 ^a	0.06±0.03 ^a	0.16±0.01 ^a	0.13±0.02 ^b
Station 8	0.16±0.16 ^a	0.05±0.02 ^a	0.13±0.05 ^a	0.28±0.09 ^a	0.13±0.02 ^a	0.06±0.02 ^a	0.14±0.08 ^b	0.17±0.01 ^b
WHO, (2004)	16	40	16	0.6	30	110	30	25

Means with the same superscripts along rows were not significantly different at p>0.05.

Cu=copper, Pb= lead, Ni=nickel, Cd=cadmium, Fe=iron, Zn=zinc, Mn=manganese, Cr=chromi

Table 6. Mean concentrations of heavy metal in sediment between seasons

Heavy metals	Wet season	Dry season	P – value	WHO (2004) (mg/Kg)
Cu (mg/Kg)	0.12±0.02	0.17±0.08	0.04**	16
Pb (mg/Kg)	0.07±0.02	0.09±0.04	0.07**	40
Ni (mg/Kg)	0.13±0.05	0.12±0.05	0.56**	16
Cd (mg/Kg)	0.27±0.10	0.15±0.12	0.01*	0.6
Fe (mg/Kg)	0.13±0.01	0.14±0.06	0.98**	30
Zn (mg/Kg)	0.05±0.03	0.06±0.02	0.13**	110
Mn (mg/Kg)	0.12±0.03	0.15±0.05	0.054**	30
Cr (mg/Kg)	0.13±0.02	0.14±0.01	0.064**	25

Note: * = There were significant differences at p<0.05

** There were no significant differences at p>0.05

Cu=copper, Pb= lead, Ni=nickel, Cd=cadmium, Fe=iron, Zn=zinc, Mn=manganese and Cr=chromium.

Lower concentrations of heavy metals recorded in sediment of Gbalegbe River compared with established values could be attributed to its continuous flow, dilution effects from rainfall and removal through bioaccumulation by aquatic macrophytes (WHO, 2004; Islam *et al.*, 2009) Though, heavy metal concentrations recorded during the study period were lower than the recommended values, Zn recorded the highest concentration among stations in sediment.

Mean concentration of heavy metals detected in sediment during the wet season were higher than in dry season. This could be as a result of heavy rainfall, increased anthropogenic activities and surface effluents run off (Ewutanure and Olaifa, 2021b). Highest concentration of Cd recorded during the wet season in sediment could be attributed to increase in Cd containing effluent flowing into the study area (Shamar *et al.* 2008). This could results in the contamination of the sediment structure thereby imposing threat to its benthic community (Ewutanure and Olaifa, 2021a).

Generally, the concentrations of heavy metals in the study area were higher during the wet season than in the dry

season. Values recorded in dry season were relatively lower than in wet season. In the wet season, the rate of aquatic pollution was higher due to increase volume of effluent from anthropogenic activities (Chen *et al.* 2005). This could be adduced to increase in effluent discharge in the wet season than in the dry season (Ewutanure and Olaifa, 2018a). Therefore, long term exposure of benthic Macroinvertebrate abundance in the study area could cause hazardous toxicological effects (Olubunmi and Olorunsola, 2010).

Contamination factor, pollution load index, degree of contamination, modified degree of contamination and geo – accumulation index

Contamination factor (C_f^i), pollution load index (PLI), degree of contamination (C_d), modified degree of contamination (mC_d) and geo – accumulation index (I_{geo}) among stations and between wet and dry seasons are presented in Tables 7 and 8, respectively. Spatially, the highest (0.443) and least (0.012) concentration of Contamination factor (C_f^i) where recorded in Stations 6 and 2, while it ranged from 0.020 to 0.380 in wet and dry seasons, respectively.

Table 7. Spatial variation in means of C_f^i , C_d , mC_d and PLI of Gbalegbe River sediment

Stations	Index	Cu	Pb	Ni	Cd	Fe	Zn	Mn	Cr
Station 1	C_f^i	0.099	0.013	0.063	0.130	0.090	0.012	0.034	0.056
Station 2	C_f^i	0.268	0.035	0.260	0.442	0.150	0.035	0.271	0.167
Station 3	C_f^i	0.169	0.026	0.125	0.390	0.120	0.035	0.203	0.130
Station 4	C_f^i	0.169	0.031	0.125	0.364	0.110	0.035	0.186	0.120
Station 5	C_f^i	0.211	0.031	0.146	0.325	0.120	0.035	0.220	0.111
Station 6	C_f^i	0.169	0.026	0.250	0.443	0.140	0.029	0.220	0.111
Station 7	C_f^i	0.183	0.026	0.135	0.351	0.120	0.035	0.271	0.120
Station 8	C_f^i	0.225	0.022	0.135	0.364	0.130	0.035	0.237	0.157
	PLI	0.121							
	C_d	1.493	0.210	1.240	2.805	0.980	0.247	1.644	0.972
	mC_d	0.150							
	I_{geo}	0.006	0.0840	0.076	0.097	-3.816	-5.602	-2.877	0.1626

Note: C_f^i = Contamination factor, PLI = Pollution load index, C_d = Degree of contamination, mC_d = Modified degree of contamination and I_{geo} = geo-accumulation index

Table 8. Seasonalvariation in means of C_i^f , C_d , mC_d and PLI of Gbalegbe River sediment

	Cu	Pb	Ni	Cd	Fe	Zn	Mn	Cr
C_i^f (Wet season)	0.180	0.020	0.140	0.370	0.130	0.030	0.200	0.120
PLI	0.110							
C_d	0.370	0.050	0.260	0.770	0.250	0.060	0.410	0.240
mC_d	0.210							
I_{geo}	0.020	0.970	0.530	0.020	0.790	-5.710	0.080	0.030
C_i^f (Dry season)	0.230	0.030	0.310	0.380	0.110	0.029	0.270	0.120
PLI	0.140							
C_d	0.440	0.070	0.440	0.771	0.240	0.080	0.510	0.250
mC_d	0.350							
I_{geo}	0.040	0.020	0.010	0.100	0.040	0.030	-2.560	0.060

Note: C_i^f = Contamination factor, PLI = Pollution load index, C_d = Degree of contamination, mC_d = Modified degree of contamination and I_{geo} = geo-accumulation index.

These concentrations obtained are within the Class 1 of C_i^f with recommended value as $C_i^f < 1$ (Hokanson, 1981) signifying low contamination of Gbalegbe River by heavy metals. The pollution load index (PLI) recorded among stations was 0.121, while it ranged from 0.110 to 0.140 in wet and dry seasons, respectively. The PLI obtained during the study period were within the recommended range of $PLI < 1$ (Tomlinson *et al.* 1980; Yaylali – Abanuz, 2011). This implies that the level contamination of Gbalegbe River is relatively low; hence, drastic remediation effort may not be required (Mondol *et al.* 2011). Spatially, heavy metal with highest (1.644) and least (0.210) concentrations of C_d where manganese and lead, while it ranged from 0.050 to 0.771 for lead and cadmium in wet and dry seasons, respectively.

The value of C_d obtained was relatively low. When compared with the recommended value of $C_d < 8$ (Hokanson, 1981), it could be deduced that Gbalegbe River has a relatively low degree of contamination (Hokanson, 1981). Spatially, the concentration of mC_d recorded was 0.150, while it ranged from 0.210 to 0.350 in wet and dry seasons, respectively. Comparatively, the concentration recorded during the study period falls within class 1 of the established value of $mC_d < 1.5$, which ranged from nil to low degree of contamination (Abraham and Parker, 2008). Spatially, the highest (0.163) and least (- 5.710) I_{geo} – accumulation were recorded for Cr and Zn, while it ranged from 0.060 to 0.970 for Cr and Pb, respectively. The concentration of I_{geo} – accumulation obtained from this study was within the recommended concentration for class 1 ($0 < I_{geo} < 1$). This also indicated that Gbalegbe River is moderately contaminated with heavy metals. The I_{geo} values fluctuates moderately and this indicates that the sediment of Gbalegbe River was moderately contaminated as observed from the analysed heavy metals (Khan *et al.* 2011). The I_{geo} showed that all the samples examined in wet and dry seasons and among stations are within class 1— moderately contaminated (Angula, 1996; Khanam *et al.* 2011). The overall assessment of contamination of Gbalegbe River sediment was based on C_i^f . In the wet and dry seasons, the sediment was classified as been moderately polluted with lead, zinc and chromium.

The mC_d applied in the present study is predicated on integrating and taking means of analysed data for a set of sediment samples (Abraham & Parker, 2008). Hence, this modified method provides a combined assessment of the overall enrichment and contamination impact of the pollutants as evaluated in the sediment (Muller, 1981). Although the spatio – temporal values of PLI obtained did not indicate immediate intervention to reducing the pollution in the study area, it calls for a constant monitoring so as to avoid sudden build – up of pollutants since the values are greater than zero

Hokanson, 1980). This means that, the natural states of heavy metals in the sediments of Gbalegbe River have been altered. The natural background values of heavy metal concentrations in sediment were from Taylor and Mclennan, (1995); Syed *et al.*, (2012).

Conclusions and Recommendation

River sediments are major career of geochemical pollutants and natural buffer for the transfer of chemical materials in the aquatic environment. Hence, it serves as the most essential part of the aquatic environment. Due to the essentiality of sediment in surface water, any disastrous alterations of its components could damage its overall quality of its benthic macroinvertebrates.

The impact of anthropogenic effluents on sediment of Gbalegbe River indicated that the study area was relatively contaminated by different concentrations of heavy metals. The various concentrations of heavy metals recorded in sediments of Gbalegbe River originate from anthropogenic activities which can be attributed to unrestrained and untreated or poorly untreated effluents industrial facilities located around it.

Contamination factors, degree of contamination and geo-accumulation indices have been widely used to assess the contamination status of sediments of rivers. Indication from both the contamination factor and degree of contamination is that all the measured heavy metals exhibit low contamination status in the sediment. Based on geo-accumulation index, the sediments are generally classified as moderately contaminated with respect to the heavy metals evaluated.

It is recommended that legislative measures should be put in place to control sediment pollution that will legally compel individual industries and opposed to the release of untreated or poorly treated industrial effluents. Regular monitoring of heavy metals in the sediment is required to check the environmental quality. Various remediation measures should be adequately taken to reduce existing metal contamination. Effluents from the study area could be recycled for the remediation of pollution in a sustainable and eco – specific manner.

References

Abraham GMS, Parker RJ2008. Assessment of heavy metal enrichment factors and the degree of contamination in marine sediments from Tamaki Estuary, Auckland, New Zealand. *Environmental Monitoring Assessment* 136: 227–238.

Aderinola OJ, Clarke EO, Olarinmoye OM, Kusemiju V, Anatekhai MA 2009. Heavy Metals in Surface Water, Sediments, Fish and Periwinkles of Lagos Lagoon. *American-Eurasian J. Agric. And Environ. Sci.* 5 (5), 609-617

Ahmed G, Uddin MK, Khan GM, Rahman MS, Chowdhury DA 2009. Distribution of trace metal pollutants in surface water

- system connected to effluent disposal points of Dhaka Export Processing Zone (DEPZ), Bangladesh: A statistical approach. *J. Nat. Sci. Sus. Technol.* 3: 293–304.
- Al – Haidarey MJS, Hassan FM, Al-KubaisyARA, Douabul AAZ 2010. The geoaccumulation index of some heavy metals in Al – Hawizeh Marsh, Iraq”, *E-Journal of Chemistry*, 7(S1), S157-S162.
- American Public Health Association (APHA) 1992. Standard methods for the examination of water and wastewater. Greenberg, A.E., Clesceri, L.S., Eaton, A.D. Eds. *APHA, WEF and AWWA*. Washington DC, USA. 1 - 1193.
- American Society for Testing and Materials (ASTM) 2006. Standard guide for conducting laboratory toxicity tests with freshwater mussels. E2455-06, Philadelphia. *Annual Book of America Society for Testing and Materials Standards* 11 (6): 1393–1444.
- Angula E 1996. The Tomlinson Pollution Index applied to heavy metal, Mussel–Watch data: A useful index to assess coastal pollution. *Sci. Total Environ.* 187: 19–56.
- Arora M, Kiran B, Rani S, Rani A, Kaur B, Mittal N 2008. Heavy metal accumulation in vegetables irrigated with water from different sources. *Food Chemistry* 111: 811–815.
- Aweto A 2002. *Urhobo Historical Society: Outline Geography of Urhoboland*. 1 - 5.
- Barakat A, El Baghdadi M, Rais J, Nadem S 2012. Assessment of Heavy Metals in Surface Sediments of Day River at Beni-Mellal Region, Morocco, *Research Journal of Environmental and Earth Sciences* 4(8), 797-806.
- Bassey EE, Ifedayo OA 2014. Geoenvironmental Assessments of Heavy Metals in Surface Sediments from Some Creeks of the Great Kwa River, Southeastern Nigeria. *Journal of Environment and Earth Science*. 4.21: 2224-3216.
- Bhuiyan MAH, Suruvi NI, Dampare SB, Islam MA, Quraishi SB, Ganyaglo S, Suzuki S 2011. Investigation of the possible sources of heavy metal contamination in lagoon and canal water in the tannery industrial area in Dhaka, Bangladesh. *Environ. Monit. Assess.* 175: 633–649.
- Butu AW, Iguisi EO 2013. Concentration of heavy metals in sediment of river Kubanni, Zaria, Nigeria”, *Comprehensive Journal of Environment and Earth Sciences*. 2(1), 10 – 17.
- Chen Y, Wang C, Wang Z 2005. Residues and sources identification of persistent organic pollutants in farmland soils irrigated by effluents from biological treatment plants. *Environ. Int.* 31: 778–783.
- Ewutanure SJ and Olaifa F.E 2021a. Temperature, Salinity, Electrical Conductivity, Dissolved Oxygen, Total Suspended Solids and pH Conditions in Okerenkoko Estuarine, Delta State, Nigeria. *Proceedings of the Accra Bespoke Multidisciplinary Innovations Conference*. University of Ghana/Academic City University College, Accra, Ghana. December 2021. Pp 133-140 www.isteams.net/ghanabespoke2021. DOI <https://doi.org/10.22624/AIMS/ABMIC2021P10>.
- Ewutanure SJ, and Olaifa F.E 2018a. Phytoplankton species composition, distribution, abundance and diversity in Gbalege River, Delta State, Nigeria. *Proceedings of 6th NSCB Biodiversity Conference*; Uniuuyo, Pp. 164 – 170.
- Ewutanure SJ and Olaifa F.E 2018b. Heavy metal concentrations in water and sediment of Gbalege River, Delta State, Nigeria. The 2nd SETAC Central/West Africa Regional Conference, Environmental sustainability and pollution control through science. Book of Abstract, 4 Pp.
- Ewutanure SJ and Olaifa F.E 2021b. Effects of effluents from Gbalege River, Delta State, Nigeria on the breeding performance of *Clarias gariepinus* (Burchell, 1822). *Proceedings of the Accra Bespoke Multidisciplinary Innovations Conference*. University of Ghana/Academic City University College, Accra, Ghana. December 2021. Pp 163-178 www.isteams.net/ghanabespoke2021. DOI <https://doi.org/10.22624/AIMS/ABMIC2021P13>.
- Hokanson M 1980. An ecological risk index for aquatic pollution control a sedimentological approach *Water Research* 14: 975–1001.
- Islam MM, Halim MA, Safiullah S, Hoque SAMW, Islam MS 2009. Heavy metal (Pb, Cd, Zn, Cu, Cr and Mn) content in textile sludge in Gazipur, Bangladesh. *Res. J. Environ. Sci.* 3: 311–315.
- Khan MK, Alam AM, Islam MS, Hassan MQ, Al-Mansur MA 2011. Environmental pollution around Dhaka EPZ and its impact on surface and groundwater. *Bangladesh J. Sci. Ind. Res.* 46: 153–162.
- Khanam D, Rahman SH, Islam MS, Ahsan MA, Shaha B, Akbor MA, Beg RU, Adyel TM 2011. Seasonal implication of heavy metal contamination of surface water around Dhaka Export Processing Zone (DEPZ), savar, bangladesh. *Jahangirnagar Univ. J. Sci.* 34: 21–35.
- Krzysztof L, Wiechula D, Kornis I 2004. Metal contamination of farming soils affected by industry. *Environ. Int.* 30, 159–165.
- Kumar M, Balwant K and Pratap KP 2012. Characterization of metals in water and sediments of subarnarekha River along the projects’ sites in Lower Basin”, *India Universal Journal of Environmental Research and Technology* 2 (5): 402-410.
- Luo X, Yu S, Zhu Y, Li X 2012. Trace metal contamination in urban soils of China. *Sci. Total Environ.* 441–442, 17–30.
- Majolagbe AO, AA, Kasali and Ghaniyu OL. 2011. Quality assessment of groundwater in the vicinity of dumpsites in Ifo and Lagos, Southwestern Nigeria. *Advances in Applied Science Research* 2(1): 289 – 298.
- Marchland CE, Lalliet VE, Baltzer FP, Alberic D, Cossa and Baillif P. 2006. Heavy Metals in Mangrove Sediments along the Mobile Coastline of French Guiana”, *Marine Chemistry* 98: 1 – 17.
- Mingorance MD, Valdes B, Oliva – Rossini S 2007. Strategies of heavy metal uptake by plants growing under industrial emissions. *Environ. Int.* 33: 514–520.
- Mondol MN, Chamon AS, Faiz B, Elahi SF 2011. Seasonal variation of heavy metal concentrations in Water and plant samples around Tejgaon industrial Area of Bangladesh. *J. Bangladesh Acad. Sci.* 35: 19–41.
- Muller G 1979. Schwermetalle in den sedimenten des Rheins-Veraänderungenseit. *Umschau* 79:778 – 783.
- Muller G 1981. Die Schwermetallbelastung der sediment des Neckars und seiner Nebenflüsse: Eine Bestandsaufnahme. *Chem. Zeitung*. 105: 156–164.
- Muller G 1969. Index of geoaccumulation in sediments of the Rhine River. *Geo. J.* 1969, 2, 108–118.
- Olaifa FE, Olaifa AK, Adelaja AA, Owolabi AG 2004 heavy metal contamination of *Clarias gariepinus* from a lake and fish farm in Ibadan, Nigeria. *African journal of biomedical research*, vol. 7: 145 - 148 issn 1119 – 5096. Ibadan biomedical communications group available online at <http://www.bioline.org.br/md>
- Olaifa Flora E & Ewutanure SJ 2019. Acute Nickel Toxicity and Effects on Liver and Kidney of *Clarias gariepinus* Juvenile. *Journal of Digital Innovations & Contemp Res. In Sc., Eng & Tech.* 7(4): 99 – 108.
- Olubunmi FE & Olorunsola OE 2010. Evaluation of the Status of Heavy Metal Pollution of Sediment of Agbabu Bitumen Deposit Area, Nigeria”, *European Journal of Scientific Research* 41 (3): 373-382
- Sharma RK, Agrawal M, Marshall F 2008. Heavy metal (Cu, Zn, Cd and Pb) contamination of vegetables in urban India: A case study in Varanasi. *Environ. Poll.* 154: 254–263.
- Syed HR, Dilara K, Tanveer MA, Mohammad SI, Mohammad AA, and Mohammad AA 2012. Assessment of Heavy Metal Contamination of Agricultural Soil around Dhaka Export Processing Zone (DEPZ), Bangladesh: Implication of Seasonal Variation and Indices. *Applied Science*, 2: 584 – 601. doi:10.3390/app2030584.
- Taylor SR, McLennan SM 1995. The geochemical evolution of the continental crust. *Rev. Geophys.* 33: 241–265.
- Tomlinson DL, Wilson JG, Harris CR, Jeffrey DW 1980. Problems in the assessment of heavy metal levels in estuaries and the formation of a pollution index. *Helgoländer Meeresunter.* 33: 566–575.
- Uwah IE, Dan SF, Etiuma RA & Umoh UE. 2013. Evaluation of Status of Heavy Metals Pollution of Sediments in Qua-Iboe River Estuary and Associated Creeks, South-Eastern Nigeria. *Environment and Pollution* 2 (4): 110-122.
- van Veen J 1933. Onderzoek naar hetz and transport von rivieren. *De Ingenieur* 48: 151 – 159.